

CRNFA® Study Group Curriculum

The Competency & Credentialing Institute often receives requests for information on how to study and what to study when preparing for the CRNFA exam. There may be nurses from the same facility, or that practice together that would like to form a study group.

The following information is being offered as an example of an 11-week course for a study group to use when studying for the CRNFA exam.

This outline is only an example only, it can be modified to meet individual needs, and can be used by a single individual if reviewing for the exam alone.

Recommended References:

- *Assisting in Surgery: Patient Centered Care*, Rothrock, Seifer, editors, CCI, 2009
- *AORN Core Curriculum for the RN First Assistant*, Vaiden, Ruth E., 4th Edition
- *CRNFA Exam Study Guide & Practice Resource*, (CCI), 2010
- *Alexander's Care of the Patient in Surgery*, Rothrock, editor, 13th Edition, 2007
- *Berry and Kohn's, Operating Room Technique*, Phillips, editor, 11th Edition, 2007

Additional Reference:

- *Competency for Safe Patient Care During Operative and Invasive Procedures*, Phippen, Ulmer and Wells, editors, CCI, 2009

WEEK	CONTENT AREA	REFERENCES
Week 1	Scope of Practice	<ul style="list-style-type: none"> ➤ Core Curriculum for the RN First Assistant, Module 1 ➤ <i>Assisting in Surgery: Patient Centered Care</i>, Chapter 11
Week 2	Assessment Techniques	<ul style="list-style-type: none"> ➤ CRNFA Exam Study Guide, Chapter 2 ➤ Core Curriculum for the RN First Assistant, Module II ➤ <i>Assisting in Surgery: Patient Centered Care</i>, Chapter 7
Week 3	Develop a Plan of Care	<ul style="list-style-type: none"> ➤ CRNFA Exam Study Guide, Chapters 1 & 2 ➤ Core Curriculum for the RN First Assistant, Module II ➤ AORN Recommended Practices, Section 2
Week 4	Implement Plan of Care	<ul style="list-style-type: none"> ➤ CRNFA Exam Study Guide, Chapter 3 ➤ Core Curriculum for the RN First Assistant, Module II ➤ <i>Assisting in Surgery: Patient Centered Care</i>, Chapter 8
Week 5	Principles of Asepsis, Infection Control, Universal Precautions, and Wound Healing	<ul style="list-style-type: none"> ➤ <i>Alexander's Care of the Patient in surgery</i>, Chapters 3 & 8, ➤ <i>Berry and Kohn's Operating Room Technique</i>, Chapters 15, 29 ➤ Core Curriculum for the RN First Assistant, Module III ➤ <i>Assisting in Surgery: Patient Centered Care</i>, Chapters 3 & 6

Week 6	Review Surgical Anatomy and Physiology	<ul style="list-style-type: none"> ➤ Alexander's Care of the Patient in Surgery, Chapters 11-27 ➤ Berry and Kohn's Operating Room Technique, Chapters 32-44 ➤ Core Curriculum for the RN First Assistant, Module IV ➤ Assisting in Surgery: Patient Centered Care, Chapters 1 & 8 ➤ CRNFA Exam Study Guide, Chapter 3
Week 7	Tissue Handling/Suture Materials and Techniques, Hemostasis, Wound Exposure	<ul style="list-style-type: none"> ➤ CRNFA Exam Study Guide Chapter 3 ➤ Core Curriculum for the RN First Assistant, Module V ➤ Alexander's Care of the Patient in Surgery, Chapter 6 & 8 ➤ Berry and Kohn's Operating Room Technique, Chapter 28 ➤ Assisting in Surgery: Patient Centered Care, Chapters 3, 5 and 6
Week 8	Surgical Considerations for the Pediatric Patient/ Geriatric Patient	<ul style="list-style-type: none"> ➤ Alexander's Care of the Patient in Surgery, Chapters 29 and 30 ➤ Berry and Kohn's Operating Room Technique, Chapters 8 and 9
Week 9	Hemodynamic and Metabolic Complications	<ul style="list-style-type: none"> ➤ CRNFA Exam Study Guide, Chapter 2 ➤ Core Curriculum for the RN First Assistant, Module VI ➤ Berry and Kohn's Operating Room Technique, Chapter 27
Week 10	General Knowledge and Skills for the RNFA	<ul style="list-style-type: none"> ➤ CRNFA Exam Study Guide, Chapter 1 ➤ Berry and Kohn's Operating Room Technique, Chapter 5 ➤ Core Curriculum for the RN First Assistant, Module II and VII
Week 11	Professional Accountability	<ul style="list-style-type: none"> ➤ CRNFA Exam Study Guide, Chapter 4 ➤ Core Curriculum for the RN First Assistant, Module VII ➤ Assisting in Surgery: Patient Centered Care, Chapter 12